



## **Maria Grande**

### **Professional Development Training**

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Let's Be Real.

People are complicated, which can be another word for difficult. As a personal development and communications expert, Maria helps people and teams sort and champion through them all; with a good dose of humor, wit, charm and a whole lot of insightful encouragement.

"I Laughed, and I learned" many of her workshop guests will say. Maria blends the perfect combination of funny anecdotes and action plans to capture and keep the attention of her audiences, no matter the management level. She prides herself on "custom fit solutions" that close communication gaps within an organization.

Drawing from her professional training, years of service and experience running her and own businesses, Maria helps master the emotional intelligence skills they can use the minute they leave the room. Whether she works with a team or coaches one on one, Maria possesses the ultimate drive to achieve the desired results.

A partial list of Maria's expertise includes:

- DISC Assessments and Coaching
- 360 Assessments and Coaching
- Personal Development Planning
- Customer Service
- Team Building
- Change Management
- Emotional Intelligence
- Supervisory Skills
- Leadership
- Time Management
- Dealing With Difficult People
- Going From Peer To Boss
- Presentation Skills/Public Speaking

*Maria Grande*

Speaker • Trainer • Coach